



**New Life Dance  
Schedule of Classes  
September 15 – December 8, 2025**

***Monday – Studio A***

**Combo (Ages 5-7)** 5:40-6:20 pm Class length: 40 minutes

Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t shirt, black pants or shorts, and black slippers); no jewelry, hair away from the face

**Beginning Ballet/Lyrical (Ages 6-12+)** 6:25-7:10 pm Class length: 45 minutes

Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t-shirt, black pants or shorts, and black slippers); no jewelry, hair in bun (short hair should be pulled away from face)

**Beginning Jazz/Hip-Hop (Ages 6-12+)** 7:15-7:55 pm Class length: 40 minutes

Attire: leotard (except boys), t-shirt, black dance pants, leggings or capris, and black jazz shoes.  
Equipment needed: exercise mat, bottled water, and towel

***Monday – Studio B***

**Tiny Tots (Ages 2-4)** 5:15-5:45 pm Class length: 30 minutes

Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t shirt, black pants or shorts, and black slippers); no jewelry, hair away from the face

**Creative Dance (Ages 4-5)** 5:50-6:25 pm Class length: 35 minutes

Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t shirt, black pants or shorts, and black slippers); no jewelry, hair away from the face

**Tap (Ages 6+)** 6:30-7:10 pm Class length: 40 minutes

Attire: leotard (except boys), t-shirt, black dance pants, leggings or capris, and black tap shoes

**Acro Dance (Ages 6+)** 7:10-7:55 pm Class length: 40 minutes

Attire: leotard (except boys), t-shirt, black bike shorts, leggings, or capris.

***Tuesday – Studio A***

**Pre-Ballet/Jazz (Ages 5-9)** 5:10-5:50 pm Class length: 40 minutes

Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t shirt, black pants or shorts, and black slippers); no jewelry, hair away from the face

**Intermediate Ballet/Lyrical (Ages 10+)** 6:00-6:45 pm Class length: 45 minutes  
Attire: leotard and ballet skirt or ballet dress, pink tights, and pink ballet slippers (boys: t-shirt, black pants or shorts, and black slippers); no jewelry, hair in bun (short hair should be pulled away from face)

**Intermediate /Advanced Ballet** 6:50-7:35 pm Class length: 45 minutes  
Attire: leotard and ballet skirt or ballet dress, t-shirt, pink tights, and pink ballet slippers (boys: t-shirt, black pants or shorts, and black slippers); no jewelry, hair in bun (short hair should be pulled away from face)

**Intermediate/Advanced Jazz** 7:45-8:30 pm Class length: 45 minutes  
Attire: leotard (except guys), t-shirt, black dance pants, leggings or capris, and black jazz shoes.  
Equipment needed: exercise mat, bottled water, and towel

### *Tuesday – Studio B*

**Intermediate Jazz/Hip-Hop (Ages 10+)** 6:50-7:35 pm Class length: 45 minutes  
Attire: leotard (except guys), t-shirt, black dance pants, leggings or capris, and black jazz shoes.  
Equipment needed: exercise mat, bottled water, and towel

### *Thursday – Studio A*

**Advanced Ballet\*** 7:00-7:40 pm Class length: 40 minutes  
Attire: leotard and ballet skirt or ballet dress, t-shirt, pink tights, and pink ballet slippers (boys: t-shirt, black pants or shorts, and black slippers); no jewelry, hair in bun (short hair should be pulled away from face)

**Pointe\*** 7:40-8:10 pm Class length: 30 minutes  
Attire: black leotard and ballet skirt, t-shirt, pink tights, and pointe shoes, no jewelry, hair in bun (short hair should be pulled away from face)

### *Saturday – Studio A*

**Worship Dance, Flags, & Tambourines** 11:00-12:30 pm Class length: 90 minutes  
Attire: NA

**Teen-Adult Dance Fusion** 12:45-1:30 pm Class length: 45 minutes  
Attire: NA

*\*must be enrolled in at least two additional ballet classes*